

BOW, California Multi-Course Workshop 2011

Workshop Schedule

Friday, October 7th

Registration 9:30 - 12:00 noon
 Lunch 12:00 - 1:00 p.m.
Session 1 1:00 - 5:00 p.m.
 Bar Opens at 5:30 - 8:00 p.m.
 Dinner 6:00 - 7:00 p.m.
 • Moonlight kayak paddle on the Kings River
 • Camp Fire - Worst Case Camping Stories

Saturday, October 8th

Breakfast 7:00 - 8:00 a.m.
Session 2 8:00 - 12:00 noon
 Lunch 12:00 noon - 1:00 p.m.
Session 3 1:00 - 5:00 p.m.
 Bar Opens 5:30 - 11:00 p.m.
 Dinner 6:00 - 7:00 p.m.
 Program and Raffle 8:00 - close

Sunday, October 9th

Breakfast 7:00 - 8:00 a.m.
Session 4 8:00 a.m. - 12:00 noon
 Lunch 12:00 - 1:00 p.m.
 Closing Remarks 1:00 p.m.

Course Selection

Your Name:

Your Email Address:

IMPORTANT INSTRUCTIONS: For each Session, select one **First Choice** and one **Second Choice** course.

We will do our best to accommodate your first choice selection (first come / first served).

Session I	Friday, 1:00 p.m. - 5:00 p.m.	Instructor(s)
<input type="button" value="Not Selected"/>	A. Intro to Firearms & Safety *Prerequisite for G and V This course will cover basic types of firearms, firearms safety, how to select/purchase firearms, which firearms are used for different types of hunting, and outdoor ethics. While this course does not include an actual shooting, it is a prerequisite for anyone who wishes to register for any of the shooting courses and does not possess a valid California Hunter Safety Certificate	Olague, Howell
<input type="button" value="Not Selected"/>	B. Map & Compass *Prerequisite for O and W Participants will learn how to navigate using map and compass, and how to read topographic and other types of maps. Besides its'	Effingers

	usefulness for hunting and outdoor activities, this skill has become a popular recreational activity in its own right. Participants who sign up for GPS in the Field (O or W) have priority.	
Not Selected ▼	C. Beginning Fly-Fishing *Prerequisite for P or X Participants will learn about fish habits and habitat, the basics of casting, tying knots, and how to select flies and equipment. This is a dry-land class. Equipment is provided. This is a two-part class. Participants that sign up for On-Water Fly Fishing (P or X) have priority.	Sally Stoner and Deb Cox
Not Selected ▼	D. Kayaking Participants will learn the basics of this popular sport. Information will include how to enter and exit the boat, safety tips, paddle strokes, and other maneuvers. This class is conducted on the Wonder Valley Ranch lake. Beginner appropriate – no advanced techniques.	Paul Martzen
Not Selected ▼	E. Car Camping and Backpacking Are you a camping illiterate? Do you "pine" away at home wishing you could explore the outdoors? Learn how to pack and prepare for a weekend or weeklong backpacking trip starting with the basics of car camping and then learn some of the "insider" tips to a successful backpacking trip from novice to expert. Learn secrets of the outdoors like "how to play with bears and not lose every time". What exactly does LNT really mean (Leave No Trace)? What type of equipment is the best for me? Where do I want to go my first time out? Participants will learn how to make camping a positive experience. This will be a hands-on session demonstrating various types of tents, sleeping bags, backpacks and other equipment. All of your questions will be answered!	David Johnson
Not Selected ▼	F. Archery *Prerequisite for Y Our own expert archers will share their expertise in a comfortable and supportive setting – guaranteeing everyone a bull's eye! Participants will learn about various types of archery equipment, selection, safety, etiquette, ethics, and shooting form. There will be a range set up and everyone will have an opportunity to shoot a bow. Equipment is provided.	Beckers
Session II	Saturday, 8:00 a.m. - 12:00 noon	Instructor(s)
Not Selected ▼	G. Beginning Shotgun Shooting *Prerequisite – Class A or a Valid California Hunter Education Certificate. Participants will learn shotgun types/gauges and how to load, shoot, and cleaning fundamentals. All participants will "break a clay". One of the most popular courses offered. We just know you'll love this! All equipment is provided.	Olague, Howell
Not Selected ▼	H. Map & Compass *Prerequisite for O or W This is a repeat of class B	Effingers
Not Selected ▼	I. Beginning Fly Fishing *Prerequisite for P or X This is a repeat of class C.	S. Stoner and Deb Cox
	J. Personal Self Defense Join Sensei Kathryn Doi, Jodie Asher and Stephanie Louie to learn about personal self defense. All three highly awarded and nationally recognized black belt instructors will take you through the steps of personal protection, from awareness to action. Beginner level instruction suitable for any physical ability.	Kathryn Doi, Jody Asher, Stephanie Louie
Not Selected ▼	K. Outdoor Cooking Learn how to simply prepare healthy, hearty, and masterful meals in the great outdoors. Participants will learn about outdoor cooking fires, wood types, and charcoal temperature. How to build a Dutch oven fire, successful food storage for extended trips, and a variety of traditional camp cooking methods and secrets complete this course. Participants will prepare, cook, and sample their meals.	Joyce & Augie Pando

Not Selected ▼	L. Archery *Prerequisite for Y This is a repeat of class F.	Joe & Joan Becker
Not Selected ▼	M. Fly Tying Construct a fly to catch a fish. This course will show you how to understand and utilize the design, shape, and application of materials to create your very own "look alike" masterpiece to "entice Mr. Trout out of his Barcalounger". Let Ron and Jeanne show you how to build a fly that is more than just a "work of art". And it will look great on your BOW hat!	Jeanne and Ron English
Not Selected ▼	N. Exploring Wild California Learn how to plan a safe and enjoyable excursion, choose and use field guides, binoculars, and other tools of the trade. Additionally understand habitat types in relationship to plant and animal distribution, identify plants, birds, and learn to read wildlife signs. Bring a small knapsack, sturdy footwear to explore our wild lands as never before.	Monte and Julie Hendricks

Session III	Saturday, 1:00 p.m. - 5:00 p.m.	Instructor(s)
Not Selected ▼	O. GPS in the Field *Prerequisite B or H This course will offer basic instruction in using a GPS receiver in the field. The course will compliment the Map and Compass class. Wear sturdy footwear, and dress for the weather. Bring a daypack or fanny pack and a water bottle. All equipment is provided.	Joyce and Dave Effinger
Not Selected ▼	P. On-Water Fly Fishing *Prerequisite C or I. Participants will travel to a nearby river or lake and practice casting techniques, fly selection, reading the water, how to land and release fish, safety, and ethics. All equipment (rods, reels, waders, boots, flies) is provided unless you want to use your own. You must have a valid California Fishing License. This is a two-part class; you must enroll in Beginning Fly Fishing C or I to be eligible for this class. No exceptions please.	Sally Stoner and Deb Cox
Not Selected ▼	Q. Wilderness First Aid. This class will give you the basics of wilderness first aid focusing on medical priorities/patient assessment, sprains and strains, wounds, burns, blisters, hypothermia, heat problems, checking for vital signs and controlling bleeding. This will be a hands-on class. Students will participate in first aid scenarios. It will also cover various first aid kits. This class will prepare you for any wilderness adventure and a MUST for the Outdoors-woman!	David Johnson
Not Selected ▼	R. Outdoor Cooking This is a repeat of class K.	Joyce & Augie Pando
Not Selected ▼	S. Personal Self Defense Join Sensei Kathryn Doi, Jodie Asher and Stephanie Louie to learn about personal self defense. All three highly awarded and nationally recognized black belt instructors will take you through the steps of personal protection, from awareness to action. Beginner level instruction suitable for any physical ability.	Sensei Kathryn Doi, Jodie Asher and Stephanie Louie
Not Selected ▼	T. Ropes Course Using harnesses, cables, and ropes strung 20 to 50 feet high between poles, teams explore risk-taking, trust and coaching. Each moment is rich with discoveries, whether you're climbing, simply encouraging others or on belay. The course will take you off the ground and emphasize self-confidence, individual achievement and trust within a team environment. YOU CAN DO THIS!!	Roy Oken
Not Selected ▼	U. Kayaking This is a repeat of class D.	Paul Martzen

Session IV	Sunday, 8:00 a.m. - 12:00 noon	Instructor(s)
Not Selected ▼	V. Shotgun Shooting *Prerequisite A or a Valid California Hunter Safety Certificate This is a repeat of class G.	Olague, Howell
Not Selected ▼	W. GPS in the Field *Prerequisite B or H This is a repeat of class O.	Joyce & Dave Effinger
Not Selected ▼	X. On Water Fly Fishing *Prerequisite C or I This is a repeat of class P.	Stoner and Cox
Not Selected ▼	Y. Bow Hunting *Prerequisite F or L. Participants will learn about basic bow hunting equipment and techniques, such as tree stand hunting, still hunting, stalking, and camouflage. Also learn about the habits and habitat of animals usually hunted by archers. There will be a range set up where you can try out a variety of archery equipment. Equipment is provided. This is a two-part class; you must enroll in Archery (F or L) to take this class. No exceptions please.	Joe and Joan Becker
Not Selected ▼	Z. Fly Tying This is a repeat of class M.	Jeanne and Ron English
Not Selected ▼	AA. Exploring Wild California This is a repeat of class N.	Monte and Julie Hendricks

Would you like carpool information? Yes No

Do you have a roommate preference? Name:

Special dietary requirements or other considerations we should know about?

Please ensure you have selected one First Choice and one Second Choice course for each Session. Call (530) 347-0227 if you have any questions.

SAVE and EMAIL as an attachment to susan@bowca.org